



Tena koutou

The Year is coming to an end and I would like to say thank you to everyone for their support and encouragement. We wish you a very happy Christmas and a wonderful New Year. The Hub will still be ticking along right through the school holidays in January. Come on in and join the Fun.

- Christine

Malcolm Dickson from Beggs Music for the beautiful Ukulele he donated to support the Ukulele Jam.

HEHA for the funds to purchase some breast feeding suitable outside chairs.

Gordon Broome for the loan of a push mower and some push along bikes to add to our fleet.

King Edward Street Community Probation for some comfortable chairs to add to our meeting room.

The Warehouse South Dunedin and Gareth for the compost and potting mix for our container gardening project.

Myra for volunteering her time, energy and enthusiasm to our Music and Movement Group.

Matt and Hanna for their wonderful enthusiasm and commitment to the Ukulele Jam.



Give it a try...

**Wednesday Morning Playgroup and Music and Movement 10:30-12:00**

Come along meet other Mums and stay to play

**Wednesday Afternoon Knitting**

1:30-2:30 **Note change of day**

Learn how to knit and make some gifts for Xmas

**B4 School Checks**

Tuesday & Thursday mornings. Call to make an appointment.

Julie Buxton 03 476 9853 or 027 332 2784

Barbara Hall 03 476 9842 or 027 226 0618

**Community Law Centre**

Monday at 1.00 pm

Anyone requiring legal advice please contact the **Community Law Centre**

on 474 1922 to arrange a time

**Starts back next year Monday 9<sup>th</sup> January**

**Volunteering!**

**Have you ever thought about volunteering?**

There are a variety of jobs volunteers can do at the Hub. We would welcome you with open arms! Have a think about volunteering either now or in the future. The Mission will be launching our volunteer programme in the New Year.

**Please call Bronwyn or Shona on 466 4600 if you are interested.**

## The Breast Room in the House

Welcomes all pregnant women, mothers, grandmothers and close family.

We are here at The Hub every Thursday morning from 10.30am until 12.30pm.

Come along for a chat about any Breastfeeding concerns you may have, ask questions, have a chat and a cup of tea or coffee. There are lots of toys here for your older pre-school children too. We look forward to meeting you soon.

**The Breast Room in the House will start back for 2012 on Thursday 12<sup>th</sup> January.**



# story sacks

for 2012

- Story Sacks are a great way to have fun reading books with kids.
- They are kits that you put together around a book.
- You add puppets, games, and activities that help make the story fun.
- You also get the opportunity to work towards literacy credits for NCEA.

Where: **the HUB**

13 Wesley St  
South Dunedin



When:

Tuesdays 1.00pm - 3.00pm  
Starts Feb14 to April 3.

Contact:

Christine  
Ph 466 3407

Cost:

Free and we provide all the materials.

What to bring:

Just yourself,  
your preschooler,

This is a really popular course, so register before the end of the year to make sure you get in for next year.

Give Christine a ring and book your place.

Come along and have a great time with other Mums.

Enjoy fun, meeting new people and making cool Story Sacks for the kids.

## Strawberries in a Bucket



The Hub has some lovely strawberry plants ready for planting.

We will be having a  
**Strawberry Plant a thon**

Saturday 3 December

10am-12pm

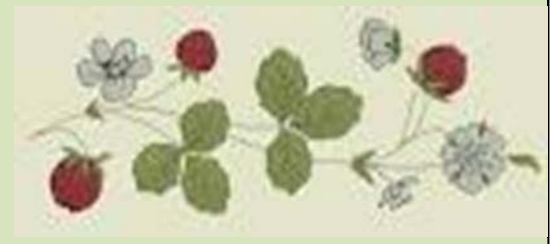
These would make great Xmas gifts

A gold coin donation would be greatly appreciated.

We have a limited amount of buckets so one bucket per family please

See you there

Children please bring a helper with you



ACE Community Education  
Logan Park High School  
Te Kura Tuarua o Kapua o te Raki

methodist  
themission

## Now you can see us coming and going!

In partnership with our neighbours, the nursery and pre-school, newly rebranded as **Little Citizens**, we've got a new sign in Wesley Street. And look out for the blackboard (we put it closer to the footpath, on the side, in the final design) where Christine will be writing what's on and maybe her thought for the day!



# Websites

How about checking out these websites at the Library these holidays?

FREE New Library members' packs available at the Hub so come on in and get yours

<http://www.barnardos.org.nz/Fun%20Stuff/Overview/Online%20games>

<http://www.kidspot.co.nz/baby-kids-children-family-easy-food-recipes+5+Kids-cooking.htm>

<http://www.littlies.co.nz/page.asp?id=383&level=1>

<http://www.instructables.com/>



Provides integrated health and social services including Parents as First Teachers. PAFT provides regular home visits to share information, practical ideas and offer guidance as your child grows and develops. PAFT is based on the idea that as a parent, you are your child's first and most influential teacher. The focus is on turning everyday opportunities into learning experiences: promoting a love of books and providing ideas for setting limits during the early years. This is a free service and can last until your child's third birthday. If you would like to know more call 034719960.



## Important Dates

The Hub will be closed for the Xmas break from Friday 16<sup>th</sup> December and will reopen for the New Year on Monday January 9<sup>th</sup>

## Wacky Wednesdays

Until school goes back we will be hosting Wacky Wednesdays from 10-1pm

**Wednesday 11 Jan: Trike a thon and picnic to Bathgate Park**

Please bring a sandwich filling to share. Hub trikes available

**Wednesday 18 Jan: Back Yard Beach Party**

Please bring your togs, and sunhat and some food to share

**Wednesday 25 Jan: Let's Fly Kite**

Making Kites to fly in the Park. Materials provided  
Please bring sunhat and some food to share

**Wednesday 1 Feb: Bubble Painting**

Painting with straws and soap liquid  
Please bring sunhat and some food to share



*A Snippet from the Public Health Nurse*

## SOAPY SOLUTION

Washing hands kills germs but how much difference does it make to a child's health? Children who wash their hands regularly have fewer sick days with colds and flu's, and less time off with 'tummy bugs'.

If your child is a reluctant hand washer, liquid soap (from a pump) may be more fun.

It takes 20 seconds to wash your hands properly....that's the same time it takes to sing 'happy birthday to me' twice. Remember to dry your hands also as this completes hand washing.

One way to reduce the spread of viruses is to teach children to cough and sneeze into their elbows rather than their hands. This reduces the risk of viruses being transferred to surfaces such as door handles and school desks. This is a good practice for all of us to get into.

## About the Hub



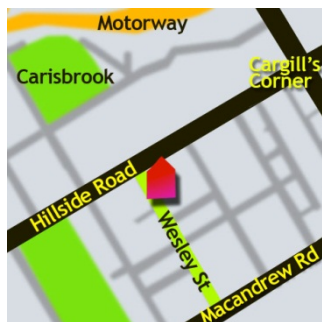
Hub Co-ordinator, Christine Thomas

### Services

Through The Hub, you can access services including ante-natal; Well Child - Tamariki Ora; early childhood education; parenting information, education and support; home visiting; and supported referrals to off-site services such as GPs.

### Open hours

Monday	1 to 5pm
Tuesday	8.30 to 5
Wednesday	8.30 to 5
Thursday	8.30 to 12.30
Friday	1 to 5pm



The Early Years Hub is a service of The Methodist Mission Community & Social Services.



## Some Useful Information

Budget Advisory Service	471 6158
Rape Crisis	474 1592
Women's Refuge & Te Whare Pounamu	477 1229
Community Law Centre	474 1922
The Methodist Mission	466 4600
Little Citizens Nursery & Pre-school	466 3223

### Health

Aurora Health Centre	455 0006
Caversham Medical Centre	487 7169
Dunedin Hospital	474 0999
Dunedin South Medical	455 4073
Forbury Corner Health Centre	455 2721
South City Medical Centre	455 5018

### Services

Dunedin Community Link (fax)	955 0038
Dunedin South Service Centre	455 0463
The Hub	466 3407

## Mission support and learning

**APPROACH COMMUNITY LEARNING** - Restart your learning!

Adult Learning • Youth Training • Family Learning •

Prisoner Education Phone 487 7959 or email [acl@dmm.org.nz](mailto:acl@dmm.org.nz)

**LITTLE CITIZENS** - The new name in kids' care and education

Ask about places available in our Nursery and Pre-school

Phone 466 3223 or email [cfs@dmm.org.nz](mailto:cfs@dmm.org.nz)

**COMMUNITY & SOCIAL SERVICES** - Providing advocacy and support

Contact us TODAY on 466 4600 or email [css@dmm.org.nz](mailto:css@dmm.org.nz)

[www.dmm.org.nz](http://www.dmm.org.nz)



*Enough support and challenge for you to risk a better future*