



Matua te tihi
Matua te kaha
Matua te äio
Matua te mana
Whiua te hā kino
Tōkia te hā ora
Ki runga, ki raro, ki waho, ki roto
Haumi e, Hui e, Tāiki e

We seek to achieve great things
We seek strength
We seek calmness
We seek to enhance mana
Cast aside anxieties
Surround ourselves with everything good
Above us, below us, outside of us, inside us
To this we all agree

As for many NGOs, the last year has seen the Mission wrestle with demand for services becoming ever more complex, funding increasingly tight, and a workforce that is itself stretched and battered from the same environmental pressures affecting those we work with: the stressors of COVID and lockdowns still resonating, massive inflation on daily staples, families wrestling with just too much going on.

This year, we have worked hard to provide the very best services we can to those we work with and to stabilise our staff. We have improved the quality of delivery in our Youth Transition Homes and Little Citizens, our early learning centre. We have expanded delivery through ENGAGE, Sustaining Tenancies and the Transition Houses. We picked up some contracts for support work to the Ministry of Education, and have helped out with the Social Sector commissioning Workstream at MSD and Oranga Tamariki.

In the last twelve months the Mission grew our activities by 12.5% over the year before (people worked with) and 11% (income).

We are enormously proud of the commitment, generosity, and passion of our colleagues, facilitators, kaiako, youth supervisors, support staff (cleaners, the cook, administration), and the coordinators who more than any have kept our day-to-day operations functioning in the face of challenge.

There have been bumps in the road: some staff have struggled more than we were able to help with despite investing in increased employee assistance, raising sick leave entitlements, and across the board pay increases. The extremely tight labour market has not helped staff as they've had to cover for vacancies. Pay parity and extended pay parity for our ECE workers, while welcome, was not fully funded, and has been a net cost to the Mission; we note too that many staff would like to have seen funding for improved kaiako to tamariki ratios and we hope that may still be to come.

With two months to go before the end of the financial year, we had a contract with government cancelled at short notice, costing us \$265,000, as part of Prime Minister Hipkins "reset". We were not the worst affected, but it was still a lot to absorb.

We come into 2023-24 expecting that funding will remain tight, and that the complexity of demand – particularly for young people with mental health issues unable to find the right kind of support, quickly – will continue to increase.

Laura Black, Kaihautū, *Director* & Julie Pearse, Tiamana, *Chair*

METHODIST MISSION MAJOR FUNDERS & PRIVATE DONORS

Community Trust South
Dunedin City Council
Ethel G Johnstone Charitable Trust
K Sedgfield
Mercy Hospital
Methodist Church of New Zealand
(Te Haahi Weteriana o Aotearoa)
McRobie Photography
Ministry of Education
Ministry of Housing & Urban Development
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Ministry of Social Development
New Zealand Lotteries
Oranga Tamariki – Ministry for Children
Otago Community Trust
Sun Ma Partnership
Tindall Foundation
Tokomairio Cooperating Parish
Tomahawk Women's Fellowship
University of Otago
Wesleydale Trust
Wright Foundation

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Joan Watkins
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Laura Black
Paul H Barton
Rachael Masterton
Rhonda McSkimming
Sarah Jenkin
Shirley Ungemuth
Steph Voight

Helping the Mission to make a difference: One Donor's Story

“ I want to see people's lives transformed by the assistance and the empowerment they gain by being helped by Methodist Mission Southern staff. ”

2023 ANNUAL REPORT



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Te Haahi Weteriana o Aotearoa
A member of the Methodist Alliance



LITTLE CITIZENS EARLY LEARNING CENTRE

Little Citizens has this year successfully re-established our standing with ERO, brought more families into the centre, stabilised staffing with the adoption of pay parity and extended pay parity, and moved to a classic Manager-led structure.

While she has been with us only a few short months, Katee Thomas is helping us focus on what is best for our tamariki, whānau, and kaiako. Little Citizens continues to offer amongst the lowest fees in town, up to 3 meals a day for the children, and specialist support for whānau who may be struggling; despite our increased costs.



YOUNG MUMS TRANSITION HOUSE

Ever since the establishment of our Young Mums Transition House in Waihopai in 2022, we have been dedicated to providing a secure and caring environment for teenage mums and their pepi/babies – helping them to successfully transition towards independent living.

So far, we have provided housing for 5 teenage mums and their 8 pepi, half of whom have presented with additional care needs. Within this nurturing setting, all our young mothers and their pepi are able to thrive and benefit from the strong support networks whilst acquiring valuable life skills – empowering young mums to be successful and self-reliant and to raise healthy, resilient tamariki, all under the compassionate guidance of our dedicated staff.



A YOUNG MUM'S STORY

A young Mum who was hapu/pregnant and her little girl moved into the house. They transitioned into the house well and we provided them with the necessary support to access maternity care. They are now looking forward to their future as a family of three with optimism.

Additionally, the young Mum made friends with another mum who also resides in the house and they have adjusted well to having each other in the home. They are working and living cohesively and supporting each other in their different stages of life which is wonderful to see.

Both of our Mums are making great progress in building their futures, demonstrating incredible resilience and growth both within the house and out in the world. Their newfound confidence and strengths are evident every day, and we take great pride in seeing them flourish.

INDEPENDENT AUDITOR'S REPORT

REPORT OF THE INDEPENDENT AUDITOR ON THE SUMMARY FINANCIAL REPORT

To the Board of Methodist Mission Southern

Opinion

The summary financial report, which comprise the summary statement of financial position as at June 30, 2023, the summary statement of comprehensive revenue and expense, summary statement of changes in net assets, summary statement of cash flows and summary statement of service performance for the year then ended, and related notes, are derived from the audited financial report of Methodist Mission Southern (the Mission) for the year ended June 30, 2023. We expressed an unqualified audit opinion on this financial report, excluding the statement of service performance, and we expressed a qualified opinion on the statement of service performance, in our report dated September 8, 2023.

In our opinion, the accompanying summary financial report is consistent, in all material respects, with the audited financial report, in accordance with PBE FR5 43: Summary Financial Statements issued by the New Zealand Accounting Standards Board.

Summary financial report

The summary financial report does not contain all the disclosures required by the Public Benefit Entity Standards Reduced Disclosure Regime issued by the New Zealand Accounting Standards Board. Reading the summary financial report and the auditor's report thereon, therefore, is not a substitute for reading the audited financial report and the auditor's report.

The audited financial report and our report thereon

We expressed an unqualified audit opinion on the audited financial report, excluding the statement of service performance, and we expressed a qualified opinion on the statement of service performance, in our report dated September 8, 2023. The basis for our qualified opinion was there were no suitable systems in place during the period to enable the accurate recording of some relevant outputs identified in the statement of service performance, in accordance with Public Benefit Entity Standards. Because of these limitations we were unable to obtain sufficient appropriate audit evidence to support the reporting of outputs for the current year and the comparative year. Consequently, we were unable to determine whether any adjustments to these amounts, which have been estimated by the Mission, were necessary.

Board's responsibilities for the summary financial report

The Board is responsible for the preparation of the summary financial report in accordance with PBE FR5 43: Summary Financial Statements.

Auditor's responsibilities

Our responsibility is to express an opinion on whether the summary financial report is consistent, in all material respects, with the audited financial report based on our procedures, which were conducted in accordance with ISA (NZ) 810 (Revised): Engagements to Report on Summary Financial Statements.

Other than in our capacity as auditor, we have no relationship or interest in the Mission.

Restriction of Distribution or Use

This report is made solely to the Mission's Board, as a body. Our audit work has been undertaken so that we might state to the Mission's Board those matters which we are required to state in an auditor's report, and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the Mission and the Mission's Board, as a body, for our audit work, for this report or for the opinions we have formed.

Vision Chartered Accountants

Vision Chartered Accountants Limited

Chartered Accountants

Dunedin

8 September 2023



SUMMARY FINANCIAL REPORT

Summary Statement of Comprehensive Revenue and Expense for the year ended 30 June 2023	2023	2022
Revenue from Exchange Transactions	4,574,019	4,644,152
Revenue from Non-Exchange Transactions	978,338	408,734
Less Total Expenses	5,610,241	4,969,359
Plus Net Surplus from Finance Activities	107,096	74,727
Operating Surplus / (Deficit)	49,212	158,254
Plus Other Gains / (Losses)	(48,365)	(16,981)
Surplus / (Deficit) for the year	847	141,273
Other Comprehensive Revenue and Expenses	-	-
Total Comprehensive Revenue and Expenses for the Year	847	141,273

Summary Statement of Financial Position as at 30 June 2023	2023	2022
Assets		
Current Assets	3,665,369	3,721,648
Non Current Assets	365,785	341,564
Total Assets	4,031,154	4,063,212
Less Liabilities		
Current Liabilities	506,979	539,884
Non Current Liabilities	-	-
Total Liabilities	506,979	539,884
Net Assets	3,524,175	3,523,328
Equity		
Accumulated Funds	3,524,175	3,523,328
Total Equity	3,524,175	3,523,328

Summary Statement of Changes in Net Assets for the year ended 30 June 2023	2023	2022
Balance at start of period	3,523,328	3,382,055
Surplus / (Deficit) for the year	847	141,273
Other comprehensive revenue and expenses	-	-
Total	3,524,175	3,523,328

Summary Statement of Cash Flows for the year ended 30 June 2023	2023	2022
Net Cash from / (used in) operating activities	(185,765)	198,986
Net Cash from / (used in) investing activities	118,603	(234,881)
Net increase / (decrease) in cash and cash equivalents	(67,162)	(35,895)
Cash and cash equivalents, beginning of the year	115,233	151,128
Cash and cash equivalents at end of the year	48,071	115,233

Summary Statement of Service Performance for the year ended 30 June 2023	2023	2022
Performance by Programme (number of clients)		
Drivers Licence	52	41
Corrections Education	-	152
Parenting through Separation	372	250
Client Support	109	74
Sustaining Tenancies	100	61
Early Learning	89	77
Transition Housing	53	28
ENGAGE Teacher Development	7,791	6,678
ENGAGE Early Education Research (Kia Timata Pai)	2,271	2,271
Total	10,837	9,632

Performance by Location		
Otago	16%	18%
Southland	1%	1%
Bay of Plenty	10%	12%
Auckland	52%	46%
Nationwide	21%	23%
Total	100%	100%

NOTES TO THE SUMMARY FINANCIAL REPORT

This is the summary financial report of Methodist Mission Southern (the "Mission") for the year ended 30 June 2023.

The specific disclosures included in this summary financial report have been extracted from the full annual financial report that was authorised for issue by the Board on 8 September 2023. The full annual financial report dated 8th September 2023 has been prepared in accordance with Tier 2 Public Benefit Entity (PBE) Financial Reporting Standards as issued by the New Zealand External Reporting Board (XRB). They comply with New Zealand Equivalents to International Public Sector Accounting Standards Reduced Disclosure Regime (NZ IPSAS with RDR) and other applicable Financial Reporting Standards as appropriate to Public Benefit Entities.

This summary financial report does not include all the disclosures as in the full financial report and therefore cannot be expected to provide as complete an understanding as provided by the full financial report.

An unqualified audit opinion has been received on the financial statements, included in the full financial report, for the year ended 30 June 2023. A qualified audit opinion has been received on the statement of service performance included in the full financial report. A copy of the full financial report of the Mission for the year ended 30 June 2023 may be obtained upon request from the Methodist Mission, Level One, 258 Stuart Street, Dunedin.

The summary financial report has been examined by our auditor for consistency with the full financial report. This summary financial report was approved for issue by the Board on 8th September 2023.

Basis of Preparation – The Mission is deemed a Public Benefit Entity and is registered with the Charities Commission.

This is the summary financial report and they comply with PBE FR5 43: Summary Financial Statements. The presentation currency is New Zealand dollars and all amounts have been rounded to the nearest dollar, except where otherwise indicated.

The full financial report upon which this summary financial report is based, has been prepared to comply with the Accounting Standards Framework for Public Benefit Entities.

Specific Accounting Policies – All specific accounting policies have been applied on the same bases as those used in the full financial report of the Mission.

Changes in Accounting Policies – The accounting policies have been applied consistently to all periods presented in this summary financial report and there have been no changes in accounting policies during the year.

Mission Programmes Regional Map

12 AOTEAROA

ENGAGE

Delivered to 150 early learning services in Auckland, Bay of Plenty, Otago and Southland

KIA TIMATA PAI

Research with 140 BestStart Early Learning Centres across Aotearoa



- | | | |
|--|---|--|
| 1. Te Tihi-o-Marū (Timaru)
Sustaining Tenancies | 4. Iwikatea (Balclutha)
Parenting Through Separation Sustaining Tenancies | 8. Wanaka (Wanaka)
Parenting Through Separation Sustaining Tenancies |
| 2. Te Oha-a-Marū (Oamaru)
Parenting Through Separation Sustaining Tenancies | 5. Maruawai (Gore)
Sustaining Tenancies | 9. Tāhuna (Queenstown)
Parenting Through Separation Sustaining Tenancies |
| 3. Ōtepoti (Dunedin)
Community Services Specialist Dunedin Little Citizens ENGAGE Parenting Through Separation Ōtepoti Youth Transition House Sustaining Tenancies | 6. Waihōpai (Invercargill)
Sustaining Tenancies Waihōpai Youth Transition House Young Mums Transition House | 10. Auckland (Akarana)
ENGAGE |
| | 7. Areketanara (Alexandra)
Parenting Through Separation Sustaining Tenancies | 11. Bay of Plenty (Tōi-te-Huatahi)
ENGAGE |
| | | 12. Aotearoa
ENGAGE Kia Timata Pai |



HELP TO MAKE A DIFFERENCE

Methodist Mission Southern works to create positive, sustainable change for individuals and families throughout Otago and Southland. While we currently achieve a lot, we will achieve even more with your support.

Please join our Supporters' Club, and receive monthly newsletters.

Make a difference by:

- Direct credit - BNZ 02-0912-0216744-000
- A one-off donation via our Givealittle page - <https://givealittle.co.nz/org/methodistmissionsouthern>
- Regular giving via automatic payment
- Sign up for Payroll Giving with your employer
- To leave a legacy for our future, please consider a bequest

To find out more about the Mission, please feel free to contact us on (03) 466 4600 or admin@mmsouth.org.nz

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ENGAGE

The Ministry of Education is funding Methodist Mission Southern (MMS) to deliver ENGAGE to 1,830 early learning services across Aotearoa over the next four years, as well delivering top-up support to a further 915 early learning services during that time.

ENGAGE is an evidence-based approach that supports pre-school tamariki to develop their self-regulation skills – the skills that help us manage our feelings, thoughts and behaviours. ENGAGE was developed by Associate Professor Dione Healey and MMS has partnered with Dione since 2016 to adapt ENGAGE for group-based delivery to ECEs and primary schools and run research studies on the effects of developing self-regulation skills through ECE delivery.

By developing their self-regulation skills, tamariki are better able to recognise and manage their intense emotions, improve their attention and memory skills, persist with tasks when they become difficult or frustrating, have more successful and fulfilling relationships with others, and regulate their behaviour when things are difficult. This leads to immediate benefits for tamariki and their ability to participate in ECE and schools, and life-long benefits in many other aspects of life (including physical health, mental health, education, employment, relationships and more – as evidenced by the famous Dunedin Longitudinal Study).

The benefits of the four-year roll-out of ENGAGE will be significant – reaching over **25,000 kaiako**, who will then integrate the ENGAGE games and techniques into their teaching practice, to support the self-regulation skills of hundreds of thousands of tamariki.

ENGAGE will be delivered across all ten Ministry of Education regions – starting with Auckland, Bay of Plenty, Taranaki/Whanganui/Manawatu and Otago/Southland in 2023-24 – with delivery commencing in all other regions in 2024-25.

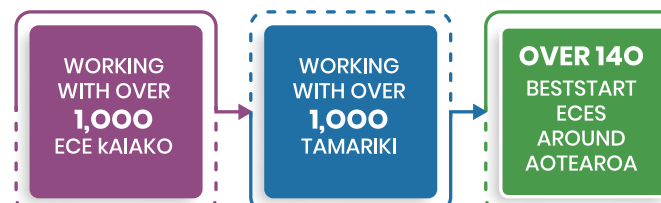
If you are connected with an early learning service and would like to find out more about ENGAGE, please email us at enquiries@engageplay.co.nz



KIA TIMATA PAI

Kia Timata Pai (KTP) is a gold-standard research study that aims to test the effects of supporting oral language skills and self-regulation skills in a large group of tamariki attending BestStart ECEs from the age of 18 months to age 6.

KTP is a partnership between Methodist Mission Southern, BestStart and University of Otago, and the project is funded by The Wright Family Foundation. KTP is working with over 1,000 ECE kaiako and over 1,000 tamariki – based at 140 BestStart ECEs around Aotearoa, with two evidence-based programmes being delivered: ENRICH/ENRICH+ (supporting oral language skills – developed by Prof Elaine Reese and Dr Elizabeth Schaughency) and ENGAGE (supporting self-regulation skills – developed by Assoc Prof Dione Healey).



FROM THE AGE OF 18 MONTHS TO 6 YEARS



As the science of child development and early childhood education has developed over the past decades, many researchers now expect that an intentional focus on supporting both oral language and self-regulation skills will provide the greatest overall benefit for tamariki. While there is a large body of evidence (both from New Zealand and internationally) that demonstrates the benefits for tamariki when self-regulation skills are supported on their own, or oral language skills are supported on their own, there is currently little evidence of the effects of supporting both sets of skills at the same time. KTP is designed to test the effects supporting both sets of skills, and because KTP is taking place in real world conditions, on a very large scale, and using programmes that can be easily scaled-up – the study has the potential to significantly impact research, policy and practice once findings are shared (likely from mid-2024 onwards).

PARENTING THROUGH SEPARATION

Our Parenting Through Separation course provides free practical support for people navigating the complexities of managing the needs of their children after separation.

THE COURSE COMPREHENSIVELY COVERS VARIOUS ASPECTS INCLUDING:



Over the past year, we have successfully supported and guided **372 people through this course**. Nevertheless, the challenges posed by COVID have been significant for PTS, and the backlog in the court system has led to a decrease in the number of clients attending face-to-face delivery sessions. In response, we have adapted the way we engage with our whānau and introduced online facilitation of the courses. Encouragingly, many individuals, especially in inland Otago, have shown strong enthusiasm for this format, and we have seen enrolment numbers increase.

The perspective of one attendee: Empowerment in a supportive small group course

“I thought the course was really great; being in a small group gave us more time to talk about situations relevant to us. Good information and a kind delivery. After attending the course I can see some light at the end of the tunnel.”



SUSTAINING TENANCIES

The objective of Sustaining Tenancies is to help prevent homelessness whenever possible by addressing the underlying issues that put tenancies at risk. To achieve this, we adopt a whānau-led approach, developing personalised plans and offering a range of services tailored to the needs of individuals and whānau.

These services encompass life skills coaching, advocacy, assistance in accessing other support services, budgeting advice referrals, and advocating on behalf of tenants during interactions with landlords.

Over the past year, we have positively impacted over **100 clients in both Ōtepoti and Waihōpai**, with diverse members of the community seeking assistance from Sustaining Tenancies.

In Waihōpai, we have noticed an increasing number of refugees in need of support, facing significant challenges as they navigate a culture vastly different from their own. Collaborating closely with Real Estate and Property Managers, along with case managers at Work and Income, we strive to facilitate a seamless transition for these whānau into the community. Through our work, they gain confidence in understanding the rental system, budgeting effectively, and applying for employment opportunities.

In Ōtepoti, our client base is slightly different, with a higher representation of elderly clients who struggle to make ends meet amidst the rising cost of living and poorly managed, run-down rental properties. Our dedicated efforts have provided positive outcomes, making significant improvements to their living conditions through effective support and advocacy.

Furthermore, our Taituarā a Hāpori/Community Support Specialists, collaboratively work with tenants to develop exit plans when they no longer require our services, ensuring a smooth transition while maintaining a sustainable tenancy.

We remain steadfast in our commitment to addressing homelessness proactively, empowering individuals and whānau to thrive in stable, secure homes, and fostering a sense of community and support for all.



YOUTH TRANSITION HOUSES

Our Youth Transition Houses in both Ōtepoti and Waihōpai continue to successfully support young rangatahi aged 16-19 years, who would otherwise be homeless, in their transition to independent living and the pursuit of happy, healthy lives.

Many of our rangatahi face a variety of complex issues, such as anxiety and depression, often stemming from past trauma they have experienced. In response to these challenges, our devoted team of Transition House staff and our Taituarā a Hāpori prioritise the well-being and development, achievement in education, training and employment of our residents through a strength-based approach. This empowers them to discover their true potential and to help foster inner strength and resilience.

A TRANSFORMATIVE JOURNEY: CELEBRATING A RANGATAHI'S JOURNEY TO INDEPENDENCE

After nearly 11 months, one of our rangatahi has successfully transitioned into their own place within the community. Their journey has been transformative, showcasing remarkable growth and maturity (notably, they voluntarily sought assistance by self-referring to the house). Throughout their time with us, they embraced new experiences, learning from them, and consistently making positive decisions that align with their personal goals.

They are now working part-time in a job they love and have also enrolled in a polytechnic course, to earn enough credits for pursuing nursing in the upcoming year. Settling in comfortably, they couldn't be happier to finally have a place they can call their own. During their stay at Youth Transition House, they openly expressed to our staff how much they enjoyed the experience and how valuable it was for their learning and growth.



2023 Annual Report

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